

# How to support someone who is dying

This resource has information for families and carers about:

- palliative care for adults and children
- saying yes or not to treatment
- pain
- the final days of life
- what happens after someone has died
- grief
- assisted dying
- other topics about caring for someone at the end of life.

The resource has links to helpful services and resources.

The resource is written for people who care for someone else. Some of the words may be hard to understand.

## We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

**This resource was made by**

**Carers Australia**

Carers Australia works to improve the health, **wellbeing**

**Wellbeing** is how you feel in your body and mind. It includes your health, your feelings, and how you manage everyday life.

, resilience and financial security of carers. Carers Australia says that caring is a shared responsibility of family, community and government.