

Resources to help health professionals understand intellectual disability

Good information helps health professionals understand and support people with intellectual disability.

These resources explain:

- the rights of people with intellectual disability
- how health services can be fair and include everyone
- how to improve hospital visits
- what GPs and other health professionals need to know
- good ways to communicate
- how to support good mental health
- how to help people move between different health services.

You will also find links to health fact sheets to share with patients. There are links to trusted websites with good information.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you](#).

This resource was made by

Agency for Clinical Innovation NSW

The Agency for Clinical Innovation works with clinicians, consumers and system leaders to improve the health system in NSW. It designs and implements new ways to deliver care for patients.

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