

Manual and toolkit on intellectual disability for mental health professionals

These resources are for mainstream mental health workers. There is a:

- manual that explains the skills you need to support mental health in people with intellectual disability
- toolkit with practical tips, tools and links to helpful resources.

The manual and toolkit can help you:

- offer good quality mental health care
- understand the needs of people with an intellectual disability
- make changes to your services to meet patient needs
- find out what you know and don't know about the topic
- plan training and professional development.

The resources were made by Department of Developmental Disability Neuropsychiatry at UNSW (3DN). 3DN is part of the National Centre of Excellence in Intellectual Disability Health.

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you.](#)

This resource was made by

National Centre of Excellence in Intellectual Disability Health

The [National Centre of Excellence in Intellectual Disability Health](#) (the Centre) works to improve health services and the health system so people with intellectual disability can live their best, healthiest lives.

The Centre was funded by the Australian Government. It is part of the [National Roadmap for Improving the Health of People with Intellectual Disability](#).

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