

A tool to check if resources include LGBTQIA+ people with intellectual disability

Good health information matters. LGBTQIA+ people are often left out of health messages, or the information does not match their lives. When this happens, it can be hard to find information that feels safe, useful and relevant.

This Critical Appraisal Tool (CAT) is based on real experience, research and practice. It was co-designed by people with intellectual disability, researchers, and health professionals.

You can use this tool to check if information is:

- inclusive
- accessible
- easy to use.

It helps you decide if a resource is right to share or needs changes.

This resource is part of the Information for Inclusion project. The project is run by Deakin University, Inclusion Designlab, and Thorne Harbour Health.

Rainbow Inclusion has many other good resources for LGBTQIA+ people with intellectual disability.

[Rainbow Inclusion](https://rainbowinclusion.org.au) (rainbowinclusion.org.au)

We trust this resource

We trust this resource because it is:

- Made to help, not for profit
- Made by people who know a lot about the topic
- Made in Australia

We've checked this resource, and you can [follow our guide to know if health information is true and right for you](#).

This resource was made by

Deakin University

A University in Victoria, Australia

- [Visit website](#)

Inclusion Design Lab

Show moreShow less

Victoria's longest serving community-based support organisation supporting people with cognitive and intellectual disabilities and those who are socially isolated, to build genuine relationships, discover and develop recreational and vocational skills, exercise full citizenship, and pursue meaningful opportunities for employment and further education.

- [Visit website](#)

Thorne Harbour Health

Show moreShow less

An LGBTIQ+ community-controlled health organisation in South Australia.

- [Visit website](#)